

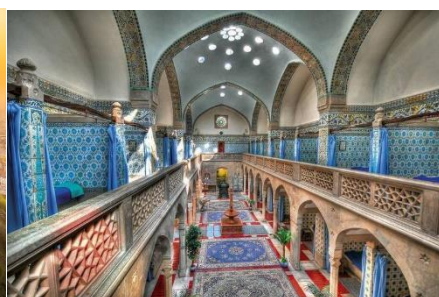


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Slovenský inštitút mládeže

INFOPACK

Youth Exchange Cultural heritage - united in diversity





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**Date: 15th – 29th June
2018**

Venue: Slovakia

**Coordinating organisation:
Non-formal group Cardio
Youngs**



PROJECT PARTNERS

Slovakia: Non-formal group Cardio Youngs – 5 participants + 1 leader
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5 participants + 1 leader
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Why do we organize Youth Exchange on this topic?

Project idea:

In last months we could observe more and more discussions about cultural identity, protection of own culture and about multiculturalism at otherside. One of ways how to speak and learn about our cultural identity is to see and know our cultural heritage as product of our nation and culture. But youngsters in majority don't like to go, get to know and learn about their cultural heritage, monuments and everything what there left our fathers. We see one of problems of this fact, that presentation of cultural heritage is not so interesting for young people. Informations and presentations about monuments in each country is done mostly by adults and really educated adults on this fields. And than youngsters don't know that they can better understand culture, cultural difference and values of each country when they get to know better their cultural heritage. Our project idea is to bring together youngsters from different european corners to Slovakia and at example of our slovak historical monuments and cultural heritage to learn about cultural identity and differences, to lead intercultural dialogue and at first place: to discuss and prepare activities for better promotion and getting to know of cultural heritage by young people for young people. We will use example of Slovak country with our heritage as old towns, folk architecture, churches, industrial monuments... but we will prepare activities applicated to each country. These can be in future used in non-formal education.

Goals of project:

- 1, promote cultural identity and culture through cultural heritage of involved countries
- 2, to understand culture and values of involved countries through view at cultural history
- 3, increase interest of youngsters for their cultural heritage and to gain ways how to promote cultural heritage for young people



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4, discover and find out examples of activities for getting to know and promoting cultural heritage for youngsters, which can be in future used in non-formal education

5, to learn about european values and active citizenship through protection and promotion of cultural heritage

PROJECT TARGET GROUP and conditions for participation

Active young people aged 18-25 (exceptions possible), who are interested in the topic of the exchange.

Slovak participants are mainly the youth with cardio diseases (with chronic health problems).

1, activity – It's necessary to take part in the project and actively participate in the program from home preparation to dissemination after exchange! Youth Exchange is based on non-formal approach. It means, only when you want to know something new, you will achieve it. Its necessary to engage in each activity, to keep ears and eyes open, and also actively contribute to the program as much as possible.

2, participation in whole project

3, following of rules

4, working language of youth exchange will be English. Your English doesn't need to be perfect, neither is ours! Better a little English than no language communication at all.



Must know about this project...

This youth exchange is little bit different as majority of projects. You will spend in Slovakia 2 weeks in different places. We have booked accomodation in 6 places (in each we sleep 2 – 4 nights). It means, we will move almost each second day from place to place. Very important is to take appropriate luggage 😊. We want to arrange clothes washing in some of places.



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We arranged movement from one accommodation to another during the days of excursions. It means that we have in excursions around 200 – 300 km of travelling by bus. Our days with travelling will start early (6 – 7 am) and to accommodation we come at evening (18.00 – 20.00 /6 – 8 pm). We will eat lunch during excursions outside and also work outside. It's really important to have clothes and shoes for each weather – especially for rainy days. In June is usual in Slovakia summer (can be 30 degrees), but can be also cold and rainy (15 degrees), mostly in mountains.

This youth exchange will be full of very interesting program, with excursions, visiting of different places and full of work on activities for exploring and promoting of cultural heritage. You can't wait a lot of free time for parties (but of course some free time will be, also in excursions for have a coffee or shopping of souvenirs) ☺.

Home tasks

Each country will be responsible for one afternoon about cultural heritage and culture of this country. Your program must be prepare before exchange. If you need some special material, please inform us, we will take it. It can be some informative activities – like quizz, game, presentations... focused on cultural heritage and situation with promoting and exploring of heritage between youngsters in your country. Please, not only simply intercultural evening like in another exchanges!

The preparation for the program will be coordinated by your national group leader.





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DAY AGENDA

Simply and approximately time schedule (can be adapted)

	AM – 9. – 13.00 with coffee break	PM – 15. – 19.00 with coffee break	Evening – 20.30 – 21.30- 22.00
15. 6. Friday		Arrival	Opening Getting to know each other
16.6. Saturday	City game in Bratislava	Workshop NFE (Non-formal education) Bratislava	E+ and Youthpass teambuilding game Bratislava
17.6. Sunday	Intercultural learning/ Cultural heritage as tool in NFE	Cultural heritage and reality - Hungary	World Cafe
18.6. Monday	Excursion Bojnice castle	Excursion Trenčín Castle	Accomodation in Trenčianske Teplice Free time
19.6. Tuesday	Working on activities from excursion	Cultural heritage and reality - France	Presentation of activities
20.6. Wednesday	Excursion Folk museum in nature Zuberec	Excursion Folk museum in nature Pribylina	Accomodation in Liptovská Osada Free time



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21.6. Thursday	Working on activities from excursion	Cultural heritage and reality - Greece	Presentation of activities
22.6. Friday	Excursion in Spiš region (Levoča, Spišská Kapitula)	Excursion in Spiš region	Accommodation in Sigord, Prešov Free time
23.6. Saturday	Working on activities from excursion	Cultural heritage and reality - Germany	Presentation of activities
24.6. Sunday	Excursion in East of Slovakia Bardejov town	Excursion Wooden churches in Unesco	Free time
25.6. Monday	Working on activities from excursion	Cultural heritage and reality -Slovenia	Presentation of activities
26.6. Tuesday	Excursion in Gemer region Industrial heritage	Excursion Industrial heritage	Accommodation in Banská Štiavnica Free time
27.6. Wednesday	Working on activities from excursion	Cultural heritage and reality - Lithuania	Presentation of activities
28.6. Thursday	Completing of activities	Youthpass/key competences + Evaluation	Closing ceremony in Banská Štiavnica
29.6. Friday	Departure to Bratislava		



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In program we will have 6 excursions to 6 another regions of Slovakia to different kinds of cultural heritage. During morning session in day after excursion we will have time for preparation activities depends at excursion. Activities in non-formal education will be focused on promoting and getting to know this kind of cultural heritage generally (castles, cities, churches, folks culture museums.... at general). You will work in small groups with your time management, our space is during whole morning session. Each day we will also focuse to different tools as taking pictures, digital tools, storytelling, city games... At evening you will have time to present your work from morning session. And all prepared activities will be use as outcome of youth exchange.

For accomodation we choosed some very nice places in Slovakia, according our topic of cultural heritage. When we will arrive to accomodation, you can explore place where we are. For example Trenčianske Teplice is one of representants of traditional spa towns in Slovakia, with old traditional spa town´s architecture, or Banská Štiavnica is for many people the most beautiful town, with hundreds years old mine tradition, in Unesco heritage list.

PRACTICAL INFORMATIONS

Important dates in project

Advance planning visit – APV

20. – 23. April 2018 in Bratislava

Travel days are 20. and 23. April, working days 21. – 22. April. Each country can send leader of somebody from organisation and 1 participant of youth exchange. Accomodation, meals and program are covered from Erasmus+. Your travel tickets will be reimbursed in limit:

Hungary and Slovenia - 180 Euro

Lithuania, Germany, Greece and France - 275 Euro



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DEADLINE FOR APPLICATION:

Deadline for application of participants: 27. April (Friday) 2018

OUR APPLICATION FORM IS HERE:

<https://docs.google.com/forms/d/e/1FAIpQLScXAfjx9axd8K8FlejILHBIjqQP7KjFHrAQqMulNmrsd0xdsQ/viewform>

Information about choosing you for the project: 1. May 2018

Travel arrangement: 1. – 15. May 2018

Youth exchange: 15. – 29. June 2018

Dissemination of results: autumn 2018

ACCOMODATIONS

Accommodations are different, some a little bit more comfortable with shower and toilette in room, other have equipment on the corridor. But all have common room for activities, bed lines and sheets in room and meals in accomodation. Only towels are not provided.

15. – 18.6.2018

Penzión Husacina Plus -

<http://www.husacinaplus.sk/> - Slovenský Grob
(around 15 km from Bratislava)



18. – 20.6.2018

Domov speváckeho zboru slovenských učiteľ'ov -

<http://www.dszsus.sk/> - Trenčianske Teplice



20. – 22.6.2018

RZ Škutovky, Liptovská Osada



22. – 26.6.2018

Opalex s.r.o. Sigord

<http://www.opalexsigord.sk/index.php/sluzby/ubytovanie/>

Sigord – Kokošovce, Prešov

26. – 29.6.2016

Hostel Skautský dom - <http://www.hostel.stiavnica.sk/o-hosteli/>, Banská Štiavnica



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TRAVELLING

We will meet all in Bratislava **15.6.2018 at 17.00 (5 pm)**. Please, arrange you travelling to be at this time in Bratislava. From there we will travel by rented bus to Slovenský Grob (cca 30 minutes).

Possibilities to come to Bratislava:

Hungary – maybe by train (to Budapest and from there are trains to Bratislava each 2 hours – special price to go Budapest – Bratislava – Budapest – around 17,50 Euro both ways)

Slovenia – by train or by bus (Flixbus)

Greece – direct flights Thessaloniki – Bratislava by Ryanair

Germany – flights to Vienna or train. From Vienna airport are buses to Bratislava 2-3x in hour. Or flights to Budapest (cheap Wizzair) and than by train to Bratislava.

France – flights to Vienna or Budapest (or with change maybe to Bratislava).

Lithuania – Airbaltic flights to Vienna, or Ryanair/Wizzair with change. For example we have direct flights Warszawa – Bratislava, that Warszawa is good changing point on the way from nord of Europe.

The best airports are Bratislava (but only few opportunities with Ryanair and Wizzair), than Vienna (45 minutes by bus from Bratislava) and Budapest (around 3,5 hours from airport to Bratislava). If you find good fligths, are possible also Prague airport (around 5 hours from airport to Bratislava) or czech airports Brno, Pardubice, Ostrava.

For looking for cheap flights you can use for example www.azair.eu. Or of course, you can ask us for help with travel arrangements.

You can come to Slovakia 2 days earlier or leave until 2 days later, but your exceptional accomodation is in your costs. We can help you with finding of accomodation, if you want.

Travel cost reimbursement

Transport to the project will be reimbursed according to the rules of the Erasmus +, after returning from the exchange. Tickets must be



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submitted to the organizers of the exchange, the return ticket should be send by post after getting home.

For reimbursement we need: original travel tickets in economy class (flights tickets with invoice), train/bus/city public transport tickets... Without original we can't reimburse your travelling.

Please, don't buy anything without our agreement! And of course, arrangement of travelling is next step after approvement your application to the project.

Travel limit for reimbursement is:

For Slovakia and Hungary – 180 Euro per participant

For Slovenia, France, Greece, Lithuania and Germany – 275 Euro per participant

FINANCIAL CONDITIONS

Accomodation, meals, transportation, excursions and program are covered by the Erasmus + program funded from the European Commission.

Participants will contribute 40 euro to the project (payable in cash at the start of the exchange). The reasons are: we are non-formal group, that we don't have any other resources for the project, participants fee will be cofinancing of project. With this project we will have a lot of exceptional costs, which are'nt usual in each exchange, because we will rent bus for moving cross whole Slovakia from west until east and back, we will rent spaces for working outside of our accomodation, we will pay all entrances fees to monuments in excursions, lunch during excursions outside of our accomodation etc.

But, if you are really from pure economical background and fee will be only one obstacle to participate, don't hesitate to contact us and we will agree in individual base.

WE ARE LOOKING FORWARD TO SEE YOU!

On behalf of slovak team Mária Horníková, majenka@gmail.com